



Syllabus for academic year: 2020/2021														
Training cycle:														
Description of the course														
Module/Course	Medical Psychology with elements of interpersonal communication						Group of detailed education results							
							Group code	Group name						
							D	Behavioral and Social Sciences						
Faculty	Medicine													
Major	medicine													
Unit realizing the subject	Department of Humanistic Sciences in Medicine													
Specialties	not applicable													
Level of studies	Uniform magister studies X* 1 st degree studies <input type="checkbox"/> 2 nd degree studies <input type="checkbox"/> 3 rd degree studies <input type="checkbox"/> postgraduate studies <input type="checkbox"/>													
Form of studies	X full-time <input type="checkbox"/> part-time													
Year of studies	III						Semester	X Winter <input type="checkbox"/> Summer						
Type of course	X obligatory <input type="checkbox"/> limited choice <input type="checkbox"/> free choice / elective													
Course	<input type="checkbox"/> major X basic													
Language of instruction	<input type="checkbox"/> Polish X English <input type="checkbox"/> other													
* mark <input type="checkbox"/> with an X														
Number of hours														
Form of education														
	Lectures (L)	Seminars (SE)	Auditorium classes (AC)	Major Classes – not clinical (MC)	Clinical Classes (CC)	Laboratory Classes (LC)	Classes in Simulated Conditions (CSC)	Practical Classes with Patient (PCP)	Specialist Classes – magister studies (SCM)	Foreign language Course (FLC)	Physical Education obligatory (PE)	Vocational Practice (VP)	Self-Study (Student's own work)	E-learning (EL)
Winter Semester														
Direct (contact) education														
Online learning (synchronous)		30												



Distance learning (asynchronous)																			
Summer Semester																			
Direct (contact) education																			
Online learning (synchronous)																			
Online learning (asynchronous)																			
TOTAL per year:																			
Direct (contact) education																			
Online learning (synchronous)																			
Online learning (asynchronous)																			
Educational objectives (max. 6 items)																			
C1. gaining vital knowledge about the relationship between somatic and psychic processes																			
C2. building one's sensitivity to patients' needs																			
C3. learning basic communication skills essential for doctors																			
Education result matrix for module/course in relation to verification methods of the intended education result and the type of class																			
Number of course education result	Number of major education result	Student who completes the module/course knows/is able to					Methods of verification of intended education results (forming and summarising)					Form of didactic class <i>**enter the abbreviation</i>							
W 01	D.W9.	student knows fundamental psychological mechanisms of patients' functioning both in illness and in well-being					oral response, group project, debate					SE							
W 02	D.W12.	student explains the role of stress in etiology of illnesses and recognizes methods of coping with stress					oral response					SE							
W 03	D.W15.	student describes methods to promote health behaviors in patients and breaking bad news					presentation, case study, discussion					SE							
W 04	D.W6.	student understands the role of verbal and non-verbal signals in the process of doctor-patient communication					presentation, rehearsal of skills					SE							
W 05	D.W7.	understands the characteristics of functioning of a person with chronic disease and the effects					presentation, case study					SE							



		of hospitalization		
U 01	D.U1.	student takes into consideration patients' needs and subjective expectations (socio-cultural context)	group project, discussion	SE
U 02	D.U4 .	student builds the atmosphere of trust in the whole treatment process	role-plays, practice and rehearsal of skills	SE
U 03	D.U5.	student interviews children, adult patients, and their family members with the use of active listening technique and empathy	presentation, role-plays, practice and rehearsal of skills	SE
U 04	D.U7.	student has the ability to involve the patient in the therapeutic process	presentation, role-plays, case study	SE
U 05	D.U8.	Student delivers bad news in sensitive way	presentation, case study	SE
U 06	D.U9 .	student gives advice on adherence to therapeutic recommendations and healthy lifestyle	case study	SE
U 07	D.U11.	student uses basic psychological interventions to motivate and support their patient	case study	SE

** L - lecture; SE - seminar; AC – auditorium classes; MC – major classes (non-clinical); CC – clinical classes; LC – laboratory classes; SCM – specialist classes (magister studies); CSC – classes in simulated conditions; FLC – foreign language course; PCP practical classes with patient; PE – physical education (obligatory); VP – vocational practice; SS – self-study, EL – E-learning .

Please mark on scale 1-5 how the above effects place your classes in the following categories:
communication of knowledge, skills or forming attitudes:

Knowledge: 3

Skills: 4

Social competences:

Student's amount of work (balance of ECTS points)

Student's workload

(class participation, activity, preparation, etc.)

Student Workload (h)

1. Contact hours:

2. Online learning hours (e-learning):

30

3. Student's own work (self-study):

15

Total student's workload

45

ECTS points for module/course

1,5

Comments



Content of classes (please enter topic words of specific classes divided into their didactic form and remember how it is translated to intended educational effects)

Seminars

1. Holistic vs. biomedical health model
2. Emotions and action
3. Emotion- stress- illness. Psychoneuroimmunology
4. Illness representations
5. Calgary-Cambridge guide
6. Examining a patient: initiating the session
7. Gathering information
8. Building a relationship : facilitating patient" involvement
9. Giving results: explaining results in a way that patients can understand and remember
10. Planning treatment: shared decision making
11. Closing the interview, adherence to treatment
12. Breaking bad news: SPIKES protocol
13. Motivational interviewing
14. Communicating with challenging patients, attitude toward CAM
15. Assessment

Basic literature (list according to importance, no more than 3 items)

1. Silverman J, Kurtz S, Draper J : Skills for Communicating with Patients, 3rd Edition, CRC Press, 2003
2. Cole S, Bird J.: The medical interview (third edition),Saunders, 2014.
3. Holmes E, Hughes DA, Morrison V L: Predicting adherence to medications using health psychology theories: a systematic review of 20 years of empirical research, *Value in Health*, 2014, 17(8), 863-876.

Additional literature and other materials (no more than 3 items)

1. Feldman Barrett L. "How emotions are made? The secret life of the brain", Macmillan, New York 2017.
2. Janowski K. Biopsychosocial aspects of health and disease. Lublin : Centrum Psychoedukacji i Pomocy Psychologicznej, 2009.

Didactic resources requirements (e.g. laboratory, multimedia projector, other...)

Multimedia projector, notebook

Preliminary conditions (minimum requirements to be met by the student before starting the module/course)

Completed a summer apprentice.

Conditions to receive credit for the course (specify the form and conditions of receiving credit for classes included in the module/course, admission terms to final theoretical or practical examination, its form and requirements to be met by the student to pass it and criteria for specific grades)

Absences of students and items not completed by students due to Rector's or Dean's hours must be made up in the form of an essay, report (oral or written) or presentation. The teacher indicates the form of crediting an absence.



Grade:	Criteria (only for courses/modules ending with an examination)
Very Good (5.0)	Accomplishment of intended education results with inclusion of all crucial aspects [>90%]
Good Plus (4.5)	Accomplishment of intended education results with inclusion of all crucial aspects with minor errors or imprecisions [81-90%]
Good (4.0)	Accomplishment of intended education results with omission of some less important aspects [66-80%]
Satisfactory Plus (3.5)	Accomplishment of intended education results with omission of some important aspects or with material imprecisions [51-65%]
Satisfactory (3.0)	Accomplishment of intended education results with omission of some relevant aspects or with substantial imprecisions [50%]
	Criteria (only for courses/modules ending with e credit)
Credit	Does not apply to the Faculty of Medicine

Grade:	Criteria (examination evaluation criteria)
Very Good (5.0)	
Good Plus (4.5)	
Good (4.0)	
Satisfactory Plus (3.5)	
Satisfactory (3.0)	
Unit realizing the subject	Department of Humanistic Sciences in Medicine
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Person responsible for module	dr hab. Jarosław Barański
Coordinator	
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List of persons conducting specific classes				
Full name	Degree/scientific or professional title	Discipline	Performed profession	Form of classes
Anna Dracz	M. A.	Psychology	psychologist	SE

Date of Syllabus development

29.09.2020

Syllabus developed by

dr Agnieszka Olchowska-Kotala

dr Aleksandra Zarek

Signature of Head of teaching unit

Uniwersytet Medyczny we Wrocławiu
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NAUK LEKARSKICH
Kierownik

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dr hab. Jarosław Barański

Signature of Faculty Dean

Faculty of Medicine
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.....
prof. Beata Sabieszckańska, PhD