





Distance learning <sup>2</sup>														
<b>Summer semester:</b>														
DEPARTMENT OF FAMILY MEDICINE (Dep. in charge of the course)														
Direct (contact) education					10									
Distance learning														
<b>TOTAL per year: 10h</b>														
DEPARTMENT OF FAMILY MEDICINE (Dep. in charge of the course)					10									
Direct (contact) education														
Distance learning														
<b>Educational objectives</b> (max. 6 items)														
C1. Role and tasks of primary care in prevention and health promotion														
C2. Knowledge of contemporary health prevention programs in Poland														
C3. Prevention and early detection of lifestyle and neoplastic diseases														
C4. Cardiac risk assessment														
C5. Rules for minimal anti-smoking intervention														
C6. Development social competences needed to practice the medical profession, in accordance with graduate's profile														
Number of detailed education result	Student who completes the course knows/is able to										Methods of verification of intended education results	Form of didactic class <i>*enter the abbreviation</i>		
E.W17	the symptoms, diagnosis and therapeutic management of the most common mental disorders, including: 1. schizophrenia, 2. affective disorders, 3. neurosis and adjustment disorders, 4. eating disorders, 5. disorders related to the use of psychoactive substances, 6. sleep disorders;										Preparing MS Power Point presentation	CC		
E.W23	the environmental and epidemiological determinants of the most common cancers;										Preparing MS Power Point presentation	CC		
E.W32	the basic aspects of prevention and the rules of conduct in the event of work-related exposure to hazardous and noxious agents;										Preparing MS Power Point presentation	CC		

1 Education conducted with direct participation of university teachers or other academics

2 Education with applied methods and techniques for distance learning

E.U15	recognise the state of a person under the influence of alcohol, drugs and other stimulants;	Observation of the performed activity	CC
E.U16	plan diagnostic, therapeutic and preventive procedures;	Observation of the performed activity	CC
* L- lecture; SE- seminar; AC- auditorium classes; MC- major classes (non-clinical); CC- clinical classes; LC- laboratory classes; CSC- classes in simulated conditions; PCP- practical classes with patient; FLC- foreign language course; PE- physical education; VP- vocational practice; DSS- directed self-study; EL- E-learning			
<b>Student's amount of work (balance of ECTS points):</b>			
<b>Student's workload</b> (class participation, activity, preparation, etc.)		<b>Student Workload</b>	
1. Number of hours of direct contact:		10	
2. Number of hours of distance learning:			
3. Number of hours of student's own work:		3	
4. Number of hours of directed self-study		n/a	
Total student's workload		13	
<b>ECTS points for course</b>		<b>0,5</b>	
<b>Content of classes:</b> (please enter topic words of specific classes divided into their didactic form and remember how it is translated to intended educational effects)			
<b>Clinical Classes (10h); winter or summer semester</b>			
<ol style="list-style-type: none"> <li>1. Familiarizing students with the idea of preventive care in family medicine.</li> <li>2. Role and tasks of primary care in prevention and health promotion.</li> <li>3. Prevention and early detection of lifestyle and neoplastic diseases.</li> <li>4. Cardiac risk assessment / evaluation of cardiovascular events. Measurement of BMI, WHR. SCORE algorithm.</li> <li>5. Addiction to nicotine. Fagerström questionnaire. Assess of motivation to quit smoking. Schneider test. The minimal anti-smoking intervention. The principle of non-pharmacological and pharmacological treatment of nicotine addiction.</li> <li>6. Active participation in health prevention programs - the classification of patients, health risk assessment, promotion of healthy lifestyles</li> </ol>			
<b>Other</b>			
<b>Basic literature</b> (list according to importance, no more than 3 items)			
<ol style="list-style-type: none"> <li>1. Robert E. Rakel, David P. Rakel: <i>Textbook of Family Medicine</i>. 9th edition. Wyd. Elsevier Saunders 2016, ISBN: 978-0-323- 23990-5</li> <li>2. Mindy A. Smith, Sarina Schragar, Vince WinklerPrins: <i>Essentials of Family Medicine</i>, 7th edition. Wolters Kluwer 2019</li> <li>3. Sherri Sheinfeld Gorin : <i>Preventive practice in primary care</i>. Oxford University Press 2014, 1<sup>st</sup> edition</li> </ol>			
<b>Additional literature and other materials</b> (no more than 3 items)			
<ol style="list-style-type: none"> <li>1. John C. Stanford: <i>The Nicotine Addiction Cure- How to Avoid Triggers Manage Withdrawal Symptoms, and Quit Nicotine &amp; Smoking for Life</i>. Kindle edition, 2015</li> <li>2. Jadelson P. Andrade, Fausto J. Pinto, Donna K. Arnett Editors: <i>Prevention of Cardiovascular Diseases</i>. Springer-</li> </ol>			



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**Preliminary conditions:** (minimum requirements to be met by the student before starting the course)

The student should be admitted to classes by Dean's Office; he is required to report on time for classes according to lessons plan; in the case of classes with another group of students he is obliged to report this fact the assistant professor for didactics and be authorized to participate in classes.

**Conditions to receive credit for the course:** (specify the form and conditions of receiving credit for classes included in the course, admission terms to final theoretical or practical examination, its form and requirements to be met by the student to pass it and criteria for specific grades)

The condition for passing the subject is active participation in all classes and preparing a concise presentation that is a review of the most important prevention programs implemented in primary care.

Grade:	Criteria for courses ending with a grade <sup>3</sup>
Very Good (5.0)	Active participation and preparation of the presentation being a review of preventive programs carried out in the primary care setting enriched with clinical cases and own reflections
Good Above (4.5)	Active participation and preparation of the presentation being a review of preventive programs carried out in the primary care setting enriched with clinical cases
Good (4.0)	Active participation and preparation of the short presentation being a review of preventive programs carried out in the primary care setting
Satisfactory Plus (3.5)	Active participation in all classes and knowledge about the most important prevention programs implemented in primary care.
Satisfactory (3.0)	Active participation in all classes
	<b>Criteria for courses ending with a credit<sup>3</sup></b>
Credit	Not applicable

Grade:	Criteria for exam <sup>3</sup>
	Not applicable

Department in charge of the course:	DEPARTMENT OF FAMILY MEDICINE
Department address:	51-141 WROCŁAW, SYROKOMLI 1
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Person in charge for the course:	Dr hab.n.med. Maria Magdalena Bujnowska-Fedak
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<sup>3</sup> The verification must cover all education results, which are realized in all form of classes within the course



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List of persons conducting specific classes:				
Name and surname	Degree/scientific or professional title	Discipline	Performed profession	Form of classes
Maria Bujnowska-Fedak	M.D., PhD, associate professor	Medical science	Family physician	Clinical classes
Urszula Grata-Borkowska	M.D., PhD	Medical science	Family physician	Clinical classes
Bartosz Sapilak	M.D., PhD	Medical science	Family physician	Clinical classes

Date of Syllabus development

28.06.2021 y.

Dean's signature

Wrocław Medical University  
Faculty of Medicine  
Clinical Sciences  
  
prof. Beata Sineszczanska, PhD

Syllabus developed by

Maria Magdalena Bujnowska-Fedak

Signature of Head(s) of teaching unit(s)

Uniwersytet Medyczny we Wrocławiu  
KATEDRA I ZAKŁAD MEDYCyny RODZINNEJ  
Kierownik

dr hab. n. med. Agnieszka Mastalerz-Migas

