

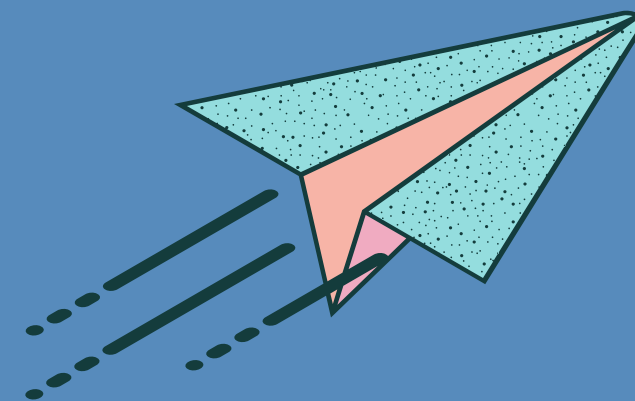
SHORT INFORMATION



**IFMSA-Poland**

Oddział Wrocław

# WROCLAW: How to... IFMSA-Poland?



# What is IFMSA-Poland?

## International Association of Medicine Students IFMSA-Poland

IFMSA is the largest student organization in the world, with 140 national organizations. The seat of the IFMSA is in Copenhagen.

The association has been operating in Poland since 1956.

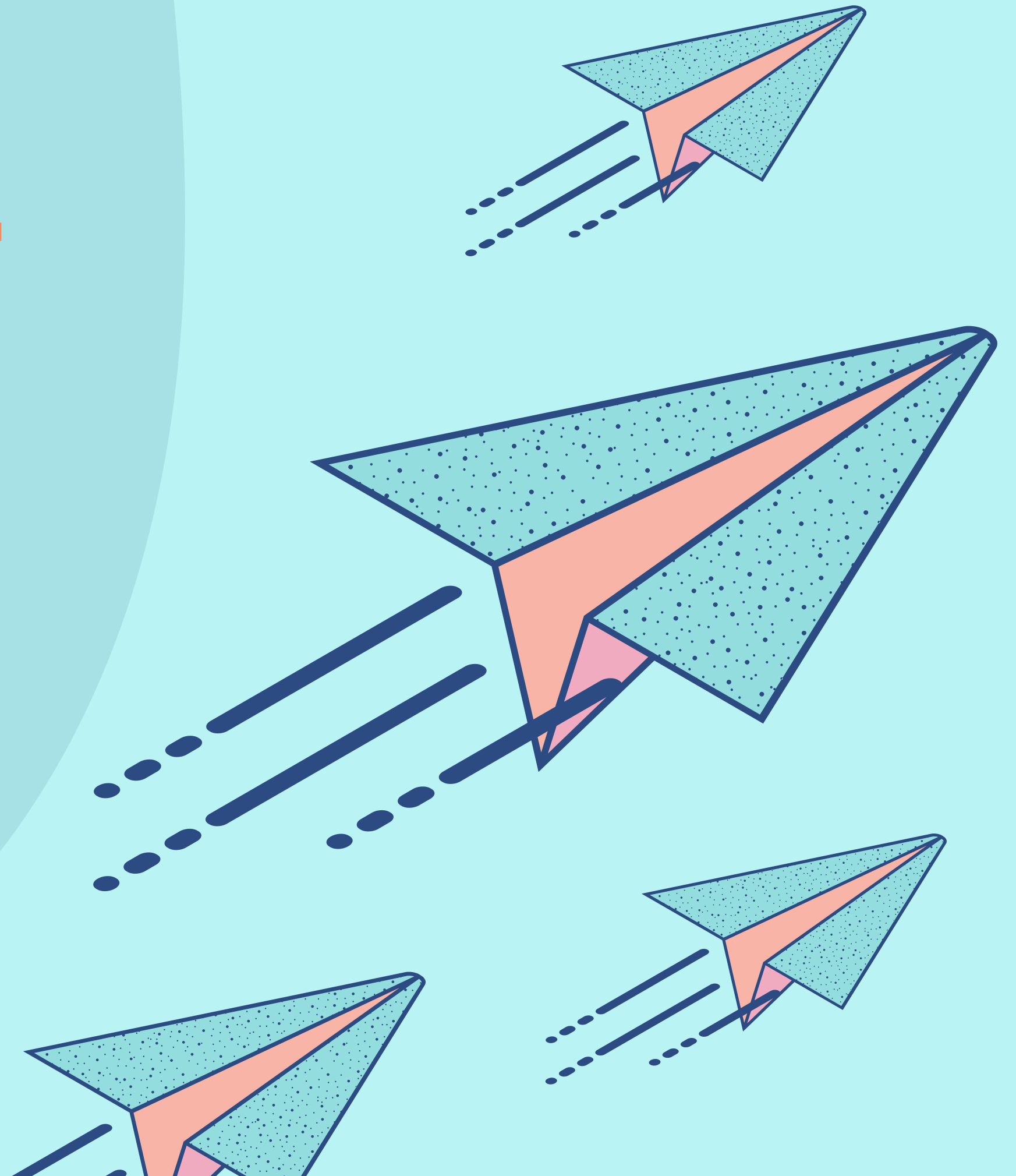


IFMSA=  
International  
Federation of  
Medical  
Students  
Associations

129  
countries

19  
Polish  
branches

# WHAT IS SO GREAT ABOUT IFMSA?



**help people by  
educating them**

**meet new people  
with similar interests**

**expand our  
soft skills**

## **Thanks to IFMSA-Poland we can...**

**pick up new  
skills**

**gain practical skills  
such as surgical  
suturing and  
laparoscopy**

**go on holiday  
internships in faraway  
places in the world**

**realistically  
act together  
on a single  
issue**



# How IFMSA works

1. Sign up for IFMSA and get involved!
2. Organize a project yourself or help out.
3. Collect points for the tasks you do. The amount of points depend on the work you do.
4. Use your points to go on IFMSA-organized hospital and research internship all over the world. The countries you can go to depend on the amount of point you have.





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# WHAT DO THE ABBREVIATIONS MEAN?

V like VPM, VPE LC - vice

N like NEO-in, NPO- national

L jak LORP, LOME- local

LC/O - local, e.g. VPE LC, KRO

# The board of our branch:



**IFMSA-Poland**  
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MAJA GEWALD  
Secretary



ANNA KUCHTA  
fulfilling the duties of  
Branch President



WIKTORIA  
NOWAKOWSKA  
Treasurer





**ANNA KUCHTA**

VPM - Vice-President  
for Members



**MAGDA GOŁOS**

VPE - Vice-President  
for External Affairs



**MAJA KRAWCZYK**  
LOME - Local Officer for  
Medical Education



**ZUZANNA  
BURZYŃSKA**  
LPO - Local Officer for  
Public Health



**ZUZANNA  
ŁABEŃSKA**  
LORP - Local Officer for  
Human Rights and Peace



**MELANIA CZAPLA**  
LORA - Local Officer for  
Reproductive Health and  
Rights including HIV and  
AIDS



**ALEKSANDRA  
CZUCHRA**  
LORE - Local Officer for  
Research Exchange





PAULINA  
LENKIEWICZ

LEO-in - Local Officer for  
Professional Exchange for  
Incoming Students



PAWEŁ PUSTUŁA  
LEO - Local Officer for  
Professional Exchange for  
Outgoing Students



# Your ED Coordinator Team



VANSHIKA VIKRAN  
SINGH  
ED-Coordinator



ANTONINA JESSA  
JABLONSKA  
ED-Coordinator

# PERMANENT PROGRAMS

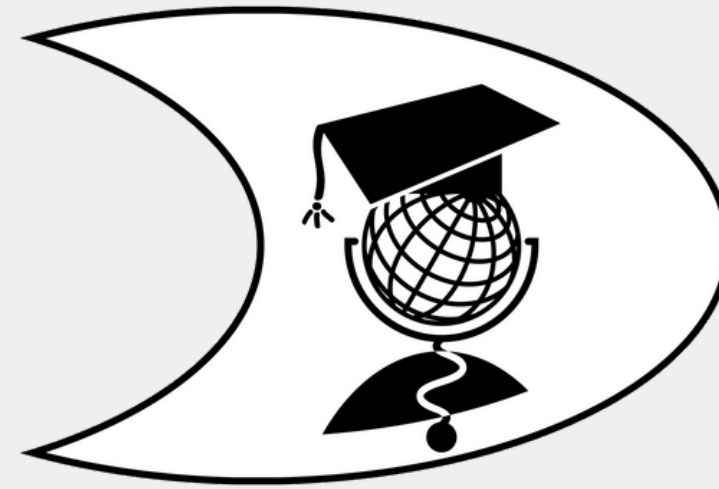
- SCOME
- SCORP
- SCORA
- SCOPH
- SCOPE
- SCORE



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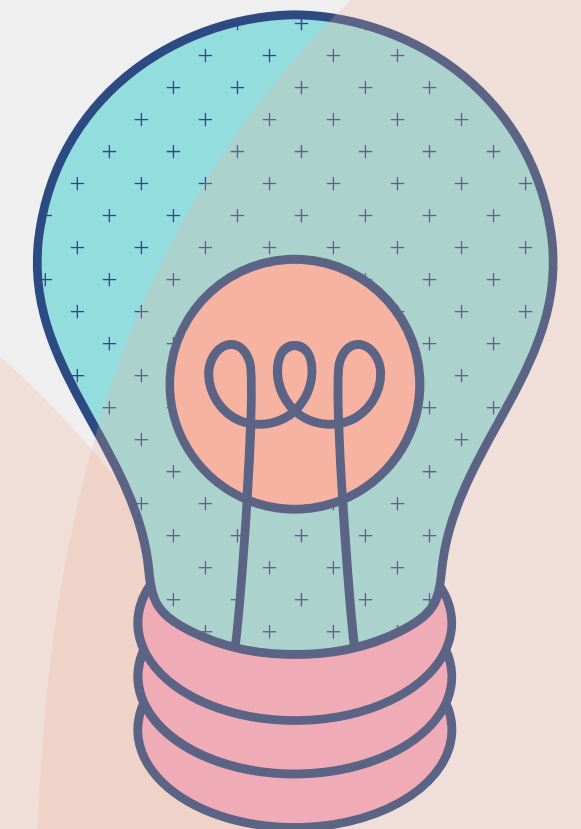


**SCOME**  
Edukacja Medyczna

## Standing Committee on Medical Education (SCOME)

aims to implement an optimal learning environment for all medical students around the world

- Decide on Your Specialty,
- Surgical Suturing Workshop,
- Laparoscopy Workshop,
- Research Paper Writing Workshop,
- SKN corporations (e.g. Video-EEG),
- Anatomy tutoring,
- Dr. Haytham.











# Dr. Haytham

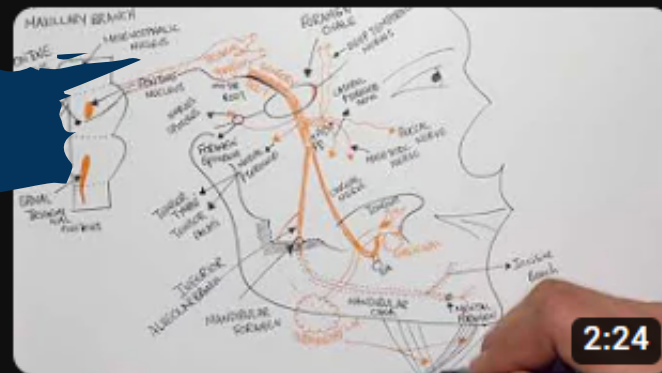
@dr.haytham · 694 subscribers · 113 videos

Medical studies >

[instagram.com/dr.haythaam](https://www.instagram.com/dr.haythaam) and 3 more links

Subscribed

Home Videos Shorts Playlists Community Channels About

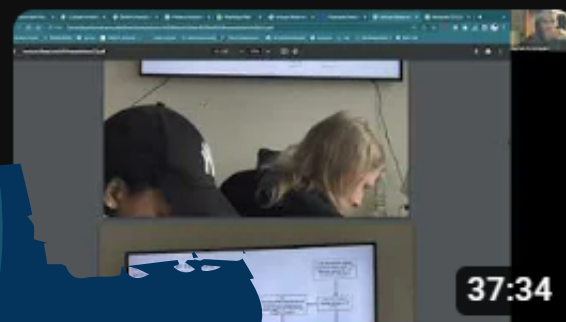


## The Mandibular Nerve | Anterior & Posterior Divisions | 5th Cranial Nerve: Trigeminal Nerve

Dr. Haytham · 368 views · 2 years ago

For other branches of the trigeminal nerve: ophthalmic & Maxillary, check out my channel. #anatomy #medicine #medical #doctor #art #physiology #surgery #anatomia #drawing #medstudent #nurse...

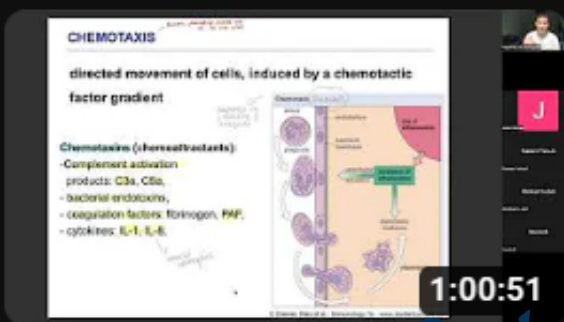
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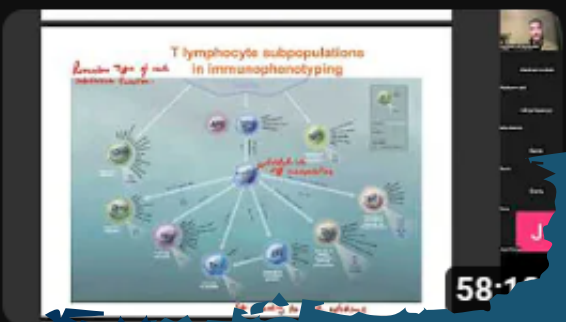
37:34



32:58



1:00:51



58:1



- *Amnesty International Letter Writing Marathon,*
- *Teddy Bear Under the Hospital Christmas Tree,*
- *Neverland,*
- *Noble Package,*
- *Senior Season,*
- *Dog Watch,*
- *Turn yourself in,*
- *We Read We Help,*
- *Medics for Africa,*
- *Reuse it or lose it*  
*#zerowasteproject*
- *We read, we help*



**SCORP**  
Prawa Człowieka i Pokój

### **Standing Committee on Human Rights and Peace (SCORP)**

Unites students, who strive to create an equal and peaceful world and believe in international, intercultural as well as interpersonal solidarity. We believe in everybody's responsibility as well as the ability to contribute to creating this world, as human rights can only exist when it applies to all humans



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# Czytamy Pomagamy

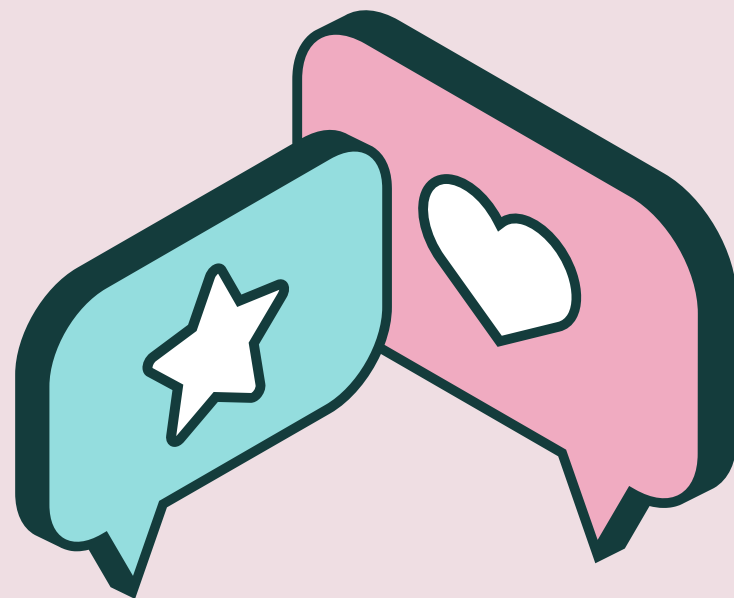






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# SCORA

Zdrowie i Prawa Reprodukcyjne,  
w tym HIV i AIDS

## **Standing Committee on Sexual and Reproductive Health and Rights including HIV and AIDS (SCORA)**

Committed to promote sexual and reproductive health  
and rights and are arduous about creating positive  
change in their local communities

- "Desire"-tram,
- Pink Lips,
- Movember,
- Yellowomb,
- Queer Education







- You Only Have One Heart
- Spontaneous Rescue
- Marrow Hero
- Healthy Eating and Eating Disorders
- *Teddy Bear Hospital*
- Psychiatry is for humans, too
- Antitobbaco
- Instill Knowledge
- ProfiRAKtyka (Cancer program)
- Medical WOŚP
- *Health under Control*



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**SCOPH**  
Zdrowie Publiczne

## Standing Committee on Public Health (SCOPH)

Learn, build skills, cooperate, explore and share ideas when it comes to addressing all issues related to public health, including global health issues, health policies, health promotion and education, activities

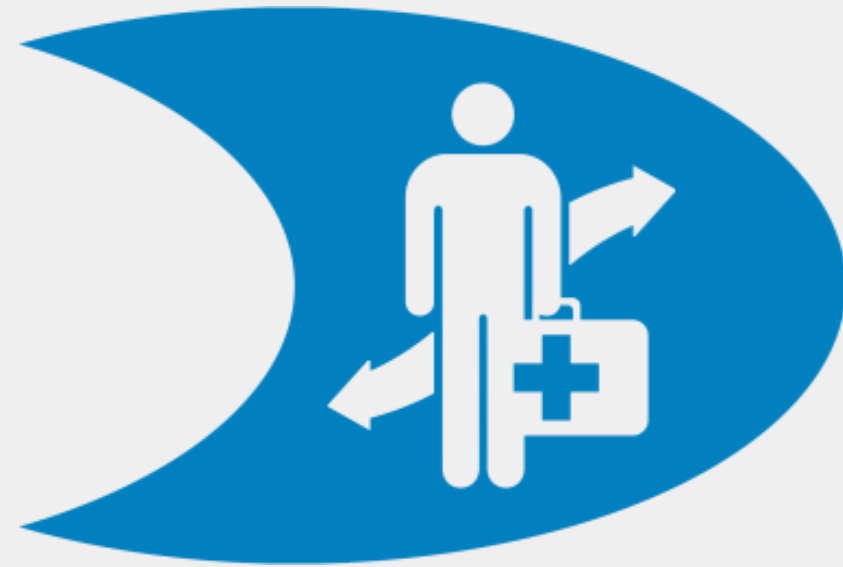
Zdrowie pod  
**Kontrolą**



# "White Sunday"





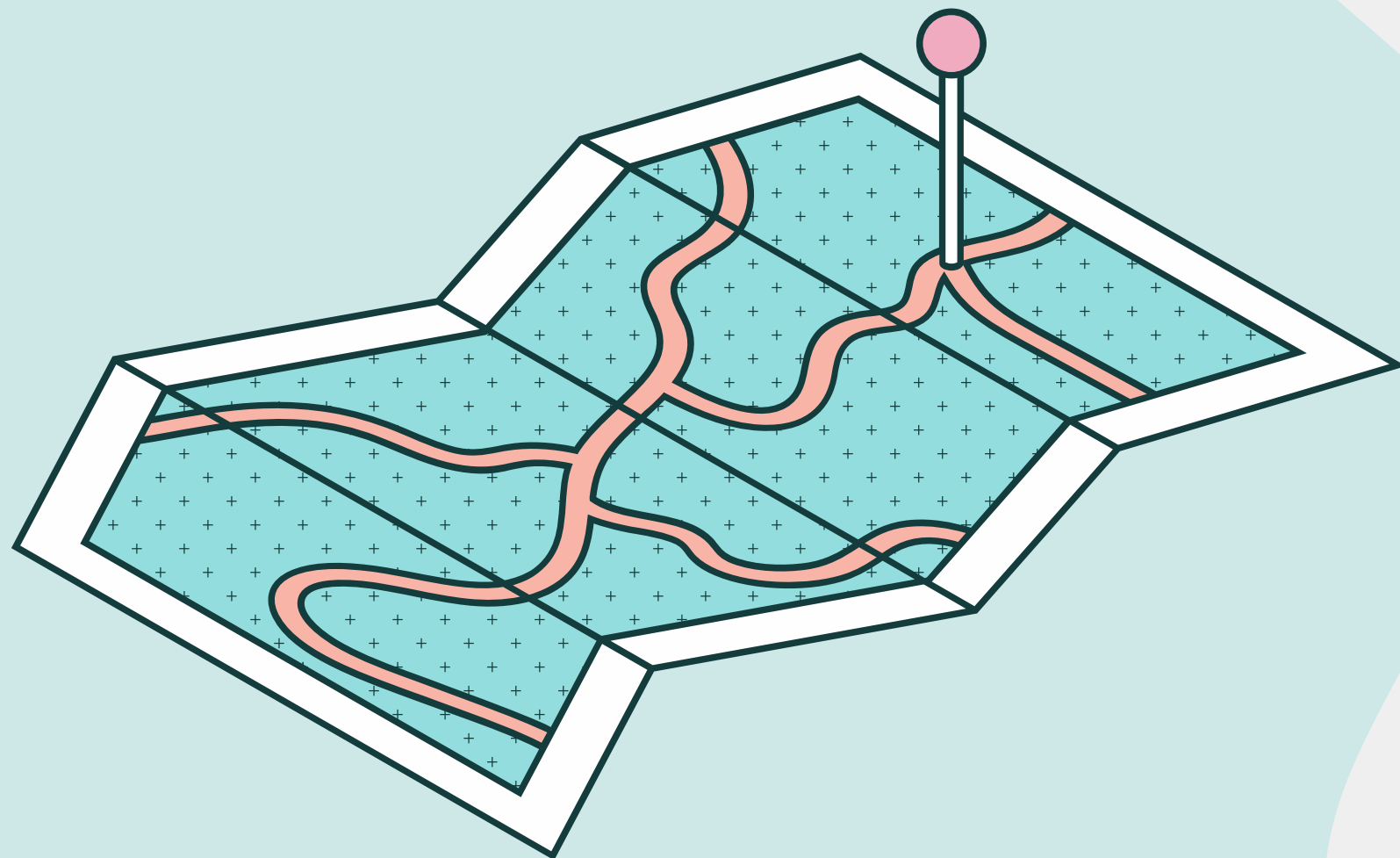


# SCOPE

Praktyki Kliniczne

## Standing Committee on Practical Exchange (SCOPE)

Full educational program offering clerkships to medical students abroad



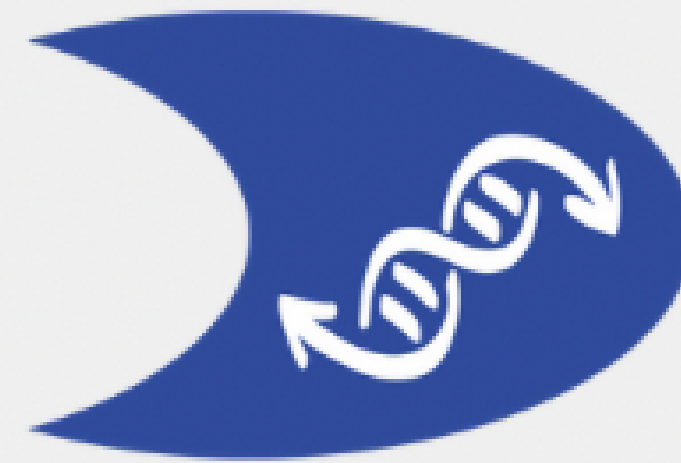
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A list of countries you can go to will be provided later and the amount of points change every year with different demand and contracts.









**SCORE**  
Wymiana Naukowa

**Standing Committee on Research  
Exchange (SCORE)**

Offer future physicians an opportunity to  
experience research and diversity in countries all  
over the world

Same with the  
research programs,  
countries and  
placements will be  
provided when it is  
actually time to apply.



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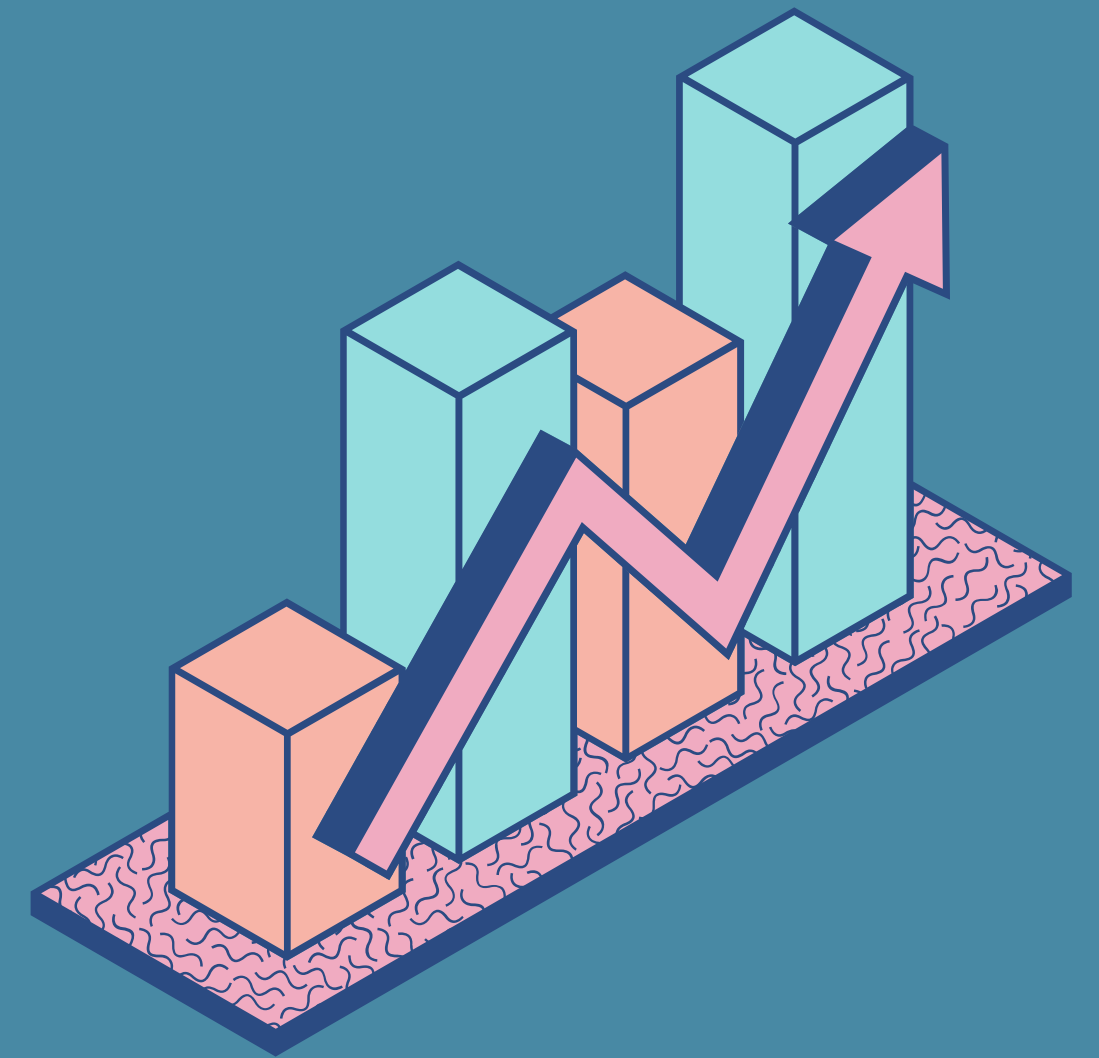






# Local and Nationwide Meetings

- General Meeting of Branch Members
- Branch Board Meeting
- Assembly of Delegates
- Standing Programs and Executive Board Workshops
- Soft and hard skills trainings
- **ED Workshop!!**











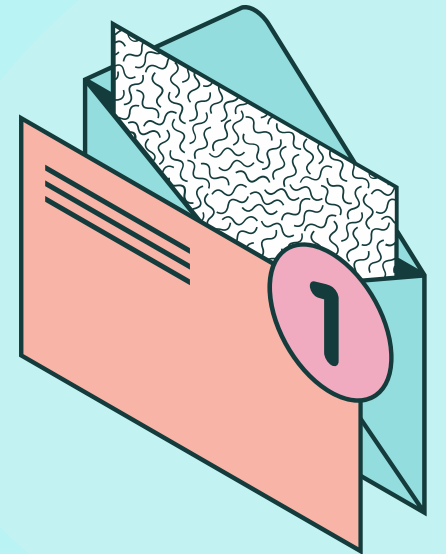
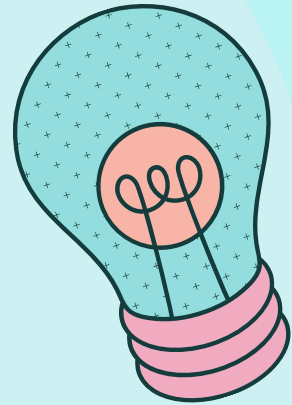




**Got your own ideas for  
an action or a project?**

**TALK TO US!**

# How do I become a member of IFMSA-Poland?



1

STEP

**Complete the two statements.**

Fill out forms 3 & 10 and take them to the student office at **Bliźniak**.

<https://studenci.umw.edu.pl/samorzad-studentow-regulacje-prawne>  
The registry number is S1.

2

STEP

**Pay the membership fee.**

60 zł/yearly  
Pay after creating your account or via Bank Transfers to:  
Recipient: *Międzynarodowe Stowarzyszenie Studentów Medycyny IFMSA-Poland*  
*ul. Oczki 1A 02-007 Warszawa*  
Account Number:  
29 1050 1953 1000 0023 6789 8950  
Title: *First name Last name - Składka członkowska 2021/2022*

3

STEP

**Create an account on [wroclaw.ifmsa.pl](http://wroclaw.ifmsa.pl)**

There you will find an overview of your actions. Participants' points and activities are accounted for there.

4

STEP

**Get involved in IFMSA-Poland!**

Become an action volunteer for standing programs, take on the role of KLP or join the Board of Directors!

# WhatsApp group



# Contacts



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vanshikavikram.singh@student.umw.edu.pl



ANTONINA

+48 732 669 688

antonina-jessa.jablonska@student.umw.edu.pl



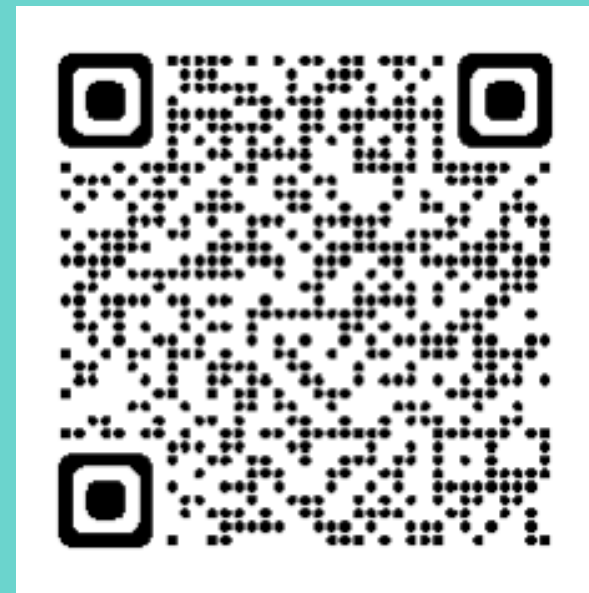
ANNA

vpm@ifmsa.wroclaw.pl



FACEBOOK

Ifmsa-Poland Oddział  
Wrocław



INSTAGRAM

ifmsa\_poland\_wroclaw





**THANK YOU FOR YOUR  
ATTENTION AND SEE YOU  
SOON!**

